

# Capital Outlook

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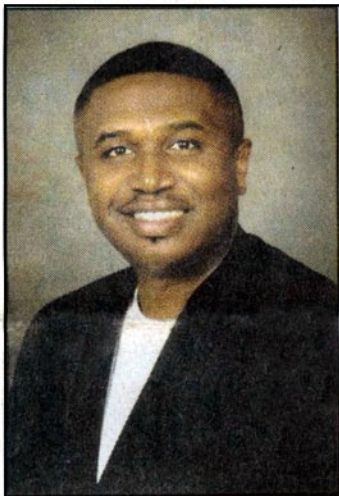
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## Finding the fun

### Person of the Week



**Tommy Daymond**

**By Terrika Mitchell**  
Outlook Staff Writer

Miracle Hill Nursing Home & Rehabilitation Center was "founded on Good Samaritan principles" in 1968. According to its website, it operates with approximately 150 dedicated employees.

One of those employees, the center's activity director and volunteer coordinator, is Tommy Daymond, a Winter Haven, Fla. native. For 20 years he has provided service to residents and patients of Miracle Hill. Daymond was awarded for his tremendous efforts and named Activity Professional of the Year for 2010-2011 by Florida Health Care  
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Activity Coordinators Association (FHCACA).

"I think the award was well deserved," said Sharon Dawkins, FHCACA District 10 president. "I'm actually the one who nominated him and pushed for him to win." Dawkins, who is also an activity coordinator at Centre Pointe, met Daymond over 15 years ago.

She said he is very dependable and that his work is impressive. Though Daymond is currently the district 10 secretary, Dawkins also said that as vice president, he conducted meetings in her absence as if she was there in a professional manner.

Seemingly, Daymond possesses the compassion needed to work in this field.

"He evolves his calendar around each patient's interests," Dawkins said. "That's important because with such a diverse group, you need activities that are just as diverse."

Daymond graduated from Florida A&M Uni-

versity with a bachelor's in health care management. Many describe his work as Christian-based. While he is an active member of Bethel Missionary Baptist Church in Tallahassee, he said there was a time in college when he "put God on the back burner."

"I became involved in relationships that I shouldn't have been in and activities that I shouldn't have been involved with," Daymond said. "I would encourage every young man and every young woman to keep God first. Make sure your priorities are straight. Give God your best."

He serves on the pastoral leadership team, inspirational choir, Bethel male chorus, men's ministry, youth ministry and volunteers at Bethel Towers. Daymond credits his wife of 18 years, Sonjia Daymond, for influencing him to rebuild his relationship with God.

"My wife made a world of difference in my

life by reminding me that I had a charge to keep and a God to glorify," he said. The two have three children.

Daymond grew up with both parents who had a "huge impact on (him) in terms of shaping (his) character, values and personal outlook on life." As a result, he is most satisfied with how he can serve others.

"My most rewarding moments are when I see the smile that I can bring on a residents face through an activity program or a special event for residents and their families," he noted. "Making a difference in the life of others is most rewarding for me."

Some special event-photos featured on [miraclehillhealthcare.com](http://miraclehillhealthcare.com) showcase Miracle Hill King and Queen, the 42nd anniversary gala and worship service 2010.

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